



# Get "In the Zone"

## A Workshop for Working Women



**When:** Wednesday, August 18, 2010  
8:00 am – 12:30 pm  
(7:45 am Registration & Snack)

**Where:** Granlibakken Conference Center & Lodge  
725 Granlibakken Road  
Tahoe City, CA 96145  
530.583.4242

When are you at your most authentic? Do you have a gut-level sense that you are on the right track & enjoying the ride, bumps & all? Are you getting better at something?

The worlds of work & home are now so interwoven that organizations must reach beyond the workplace & address the whole person. In this workshop you will learn to strengthen your sense of purpose in your work & align yourself with the needs of your organization or your chosen career & life.

If you would like greater challenge, influence, prestige, exposure, income & satisfaction; you need a clear understanding of your readiness & barriers that may inhibit your ability to advance.

We are all a work in progress.  
We feel great when we know that we are in control – we have what it takes to tackle the task, to perform the activity, to be powerful within a situation.

Self-efficacy is you at your most assured, engaged, wisest & yet still inquisitive. It's the feeling you get when you are **"In the Zone."**

We all want to learn & grow, no matter what our age or stage of life! Whether you are just starting out or well into your career; or you are on the right track but not advancing; or you have outgrown your job & sense you are off track?

**This workshop is for you!**

**Let us provide you with take-away tactics for career advancement & life enhancement.  
Start really looking forward to tomorrow morning and make a positive change personally & professionally!**



Laura Moriarty, SPHR  
Tahoe Training Partners

- ❖ Take a Self-Assessment connecting to what gets you "In the Zone."
- ❖ Take-away a powerful decision-making tool.
- ❖ Get unstuck with a better sense of focus & ability to concentrate.
- ❖ Is your Net-working for you? Design and practice your 90 second Intro.



Cathy Norris  
Live Your Passionate Life

**Early Bird & Volume Discounts Apply Thru August 10<sup>th</sup>**

**Registration Fees:** Early Bird (before 8/11): \$59-Chamber & SHRA members or \$69 non-members  
Registration (after 8/11): \$69 Chamber & SHRA members or \$79 non-members

Easy Online Registration at [www.sierrahra.com](http://www.sierrahra.com). Limited seating/No refunds; but substitutions welcome.  
For more information call Laura Moriarty, SHRA President-Elect 530 573 0224 or [Laura@tahoetrainingpartners.com](mailto:Laura@tahoetrainingpartners.com).

Co-sponsored by the North Lake Tahoe Chamber of Commerce & the Truckee Donner Chamber of Commerce in partnership with the Sierra Human Resources Association (SHRA) & Tahoe Training Partners. Hosted by:

**GRANLIBAKKEN**  
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